

## DRY NEEDLING CONSENT

Dry Needling treatment is defined as “the use of a thin filiform needle to penetrate the skin and stimulate underlying myofascial trigger points, muscular and connective tissue for the management of neuromuscular pain and movement impairments.” This can help resolve pain and muscle tension, and is intended to promote healing.

Dry needling is a valuable and effective treatment for musculoskeletal pain, and it is a safe practice and is performed by a licensed therapist who has obtained advanced training to perform dry needling treatment. Universal safety precautions are maintained at all times. It is mandatory that patients understand all associated risks. No dry needling treatment will be performed without the prior informed consent of a patient.

Risks: The most serious risk involved with dry needling is the rare accidental puncture of a lung (pneumothorax). If this were to occur, it may require a chest x-ray and no further treatment. The symptoms of shortness of breath may last from several days to weeks. A more severe puncture can require hospitalization and re-inflation of the lung. Other risks include injury to a blood vessel causing a bruise, bleeding, infection, and/or nerve injury. Bruising is a common occurrence and should not be a material concern.

Patient's Consent: I understand that no guarantee or assurance has been made as to the results of this procedure and that it is not curative. Multiple treatment sessions may be required/needed, thus this consent will cover this treatment as well as consecutive treatments by this therapist and facility. I have read and fully understand this consent form and understand that I always have the choice of declining treatment until all items, including my questions, have been explained or answered to my satisfaction. With my signature, I hereby consent to the performance of this procedure and the understanding of the matters described herein. I also consent to any measures necessary to correct complications which may result.